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Cassaluna Socks



The **Cassaluna Socks** are the playful sibling of the Cassaluna Scarf – same striking slip-stitch pattern, but set in a whole new way.

Worked from toe to cuff, the socks mirror each other: the right and the left are knit in opposite color arrangements for a bold, eye-catching pair. Starting with the contrast color for the toe, the main color joins in for the slip-stitch pattern across the foot, before shifting again at the leg to reverse the shades. Three decorative folded ridges lead into a neat 1x1 rib cuff for a polished finish.

With their rhythmic texture, clever color play, and mirrored design, the Cassaluna Socks are as fun to knit as they are to wear – a project that keeps you curious until the very last stitch.

Pattern Specifications

Skill Level: Intermediate

Sizes:

	S	M	L
Sock Sizes	EU 36/37 US 6/6.5	EU 38/39 US 7.5/8.5	EU 40/41 US 9/10
Cuff circumference (slightly stretched)	20 cm 7.75"	20cm 7.75"	21.5cm 8.5"
Foot Circumference	20cm 7.75"	20cm 7.75"	21.5cm 8.5"
Foot length	23.5cm 9.25"	25.0cm 10.0"	26.5cm 10.5"
Leg length	11cm / 4.5"		

Materials

Yarn

SIZE	S		M		L	
	C1	C2	C1	C2	C1	C2
METERS	156m	156m	160m	160m	180m	180m
YARDS	171yds	171yds	175yds	175yds	197yds	197yds
GRAMS	39g	39g	40g	40g	45g	45g

The sample (size M) used PRU Yarns Soul (85% Merino, 15% Polyamide), Sock Weight 400m / 437yds per 100g in colors Slight Blue (C1) and Space Jam (C2)

Needles

Preferred needles for small circumference knitting (circular or DPN) in size needed to obtain gauge.

Sample was knit on 2.5 mm / US 1 ½. (Pattern is written for Magic Loop method)

Notions

1 stitch marker for beginning of round (BOR)

Darning needle

Gauge

30 sts and 42 rnds per 10cm / 4", worked in the rnd in stockinette st on 2.5mm / US 1 ½ needles, after blocking.

Changes in gauge will result in size differences and affect the amount of yarn needed to complete the project. Please take the time to check your gauge.

Techniques Used

- Judy's Magic cast-on
- Knitting in the round and flat (heels)
- Decreasing & increasing
- Shadow-wrap heel
- Italian Bind-off

Judy's Magic cast-on tutorials:

https://youtu.be/O8sQgS6Ejkg?si=-Yx5p1JKQAsj_OtG

Shadow-wrap heel tutorials:

part 1: <https://youtu.be/-CCNCsw3ro4>

part 2: <https://youtu.be/HcRtTPxUvCo>

Italian Bind-off

https://youtu.be/Ec3-qKwIP0E?si=sOMt_LAt1qInE4ar

Abbreviations

Please see page 12.

Instructions

Left Sock

Toe

CO 20 sts (10 per needle) in C1 with Judy's Magic cast-on.

Rnd1 K all sts in the rnd. Place your BOR marker.

Rnd 2

Needle 1 k1, M1L, k to 1 stitch before end of needle, M1R, k1

Needle 2 k1, M1L, k to 1 stitch before end of needle, M1R, k1

Rnd 3

k all sts
repeat Rnd 2 and 3 until you have for sizes S & M a total of 60 stitches (30 per needle) and for size L a total of 64 stitches (32 per needle) on your needles.

Foot

For size L only: On Round 1 of the basic patten "Left Foot", increase 1 stitch at the end of Needle 2 (totally 65 sts on the needles). This extra stitch will remain part of the pattern in all following repeats.

For all sizes: The basic pattern Left Foot is worked over the sts from needle 2, the sts of

needle 1 are worked in stockinette stitches.

Join C2 and start working as per basic pattern.

Find basic pattern Left Foot for sizes S & M on page 6 and for size L on page 7.

Work the basic pattern Left Foot a total of:

Size	S	M	L
Pattern repeats	6	7	8
Centimeters	18.5cm	20cm	21cm
inches	7.25"	7.75"	8.25"

Measured from beginning of Sock (cast on Toe)

Work the basic pattern Left Foot again and start the heel in basic pattern round no:

Size	S	M	L
Start heel in Rd	6	6	2

The heel is worked in color C1.

Shadow Wrap Heel

Please see instructions on pages 13 -14.

After completing the heel, finish the current repeat of the basic pattern, then knit Rounds 1–8 of the basic pattern Left Foot once more.

Leg

The leg is worked in basic pattern “Left Leg”.

Attention: the color dominance changes here in the main pattern!

For size S & M: On Round 1 **only**, increase 1 stitch at the end of Needle 2 (totally 61 sts on the needles). This extra stitch will remain part of the pattern in all following repeats. Continue by working 5 full repeats of the basic pattern.

Find basic pattern Left Leg for sizes S & M on page 6 and for size L on page 7.

Folded Ridge

The first folded ridge is worked in C2.

Note for all sizes: On the first Round in C2, decrease the extra stitch on Needle 1 by knitting it together with the previous stitch.

In C2, work 6 Rounds in stockinette stitch. Then form a folded ridge by knitting 1 live stitch together with 1 picked-up stitch from 6 rows below (following the stitch column down 6 rows and pick up the purl bump on the WS). Repeat to end of round.

Work the same in C1, then once more in C2. Leaving a tail of approx. 20cm / 7.75” long for weaving in, cut C2 only.

Cuff

Work in C1

Rnd 1: Knit all stitches.

Rnds 2 – 15: (k1, p1) repeat to BOR.

Bind off

Bind off all stitches loosely using the Italian bind-off – or your favorite stretchy method. Leaving a tail approx. 20cm / 7.75” long for weaving in, cut C1.

Follow the instructions on pages 8 - 11 for the right sock – it’s designed to keep you motivated and dodge the Second Sock Syndrome 😊. Of course, you can also just make the left sock twice for a matching pair.

Basic pattern Left Foot for sizes S & M

Rnd	Color	Needle 1	Needle 2
Rnd 1	C2	K all sts	K1, *(k, yo, k) in 1 st, k3* x7, k1
Rnd 2	C1	K all sts	K1, *sl3wyib, k3* x7, k1
Rnd 3	C1	K all sts	*k2tog, sl1wyib, ssk, k1* x7, k2
Rnd 4	C2	K all sts	*K3, sl1wyib* x7, k2
Rnd 5	C2	K all sts	*K3, (k, yo, k) in 1 st* x7, k2
Rnd 6	C1	K all sts	*K3, sl3wyib* x7, k2
Rnd 7	C1	K all sts	K2, *k2tog, sl1wyib, ssk, k1* x7
Rnd 8	C2	K all sts	K1, *sl1wyib, k3* x7, k1

Work Rnds 1 – 8 over the foot to the beginning of the leg.

Basic pattern Left Leg Size S & M (worked over 61 Stitches)

(Pattern repeat: multiple of 4 + 1)

Rnd	Color	Needle 1
Rnd 1	C1	*k3, (k, yo, k) in 1 st* repeat to 1 st before BOR, k1.
Rnd 2	C2	*k3, sl3wyib*repeat to BOR, k1
Rnd 3	C2	K2, *k2tog, sl1wyib, ssk, k1* repeat to 5 sts before BOR, k2tog, sl1wyib, ssk.
Rnd 4	C1	K1, *sl1wyib, k3* repeat to BOR
Rnd 5	C1	K1, *(k, yo, k) in 1 st, k3* repeat to BOR
Rnd 6	C2	K1, * sl3wyib, k3* repeat to BOR
Rnd 7	C2	*k2tog, sl1wyib, ssk, k1* repeat to 1 st before BOR, k1
Rnd 8	C1	*K3, sl1wyib* repeat to 1 st before BOR, k1

Basic pattern Left Foot for size L

Rnd	Color	Needle 1 (32 sts)	Needle 2 (33 sts)
Rnd 1	C2	K all sts	K1, *(k, yo, k) in 1 st, k3* x8
Rnd 2	C1	K all sts	K1, *sl3wyib, k3* x8
Rnd 3	C1	K all sts	*k2tog, sl1wyib, ssk, k1* x8, k1
Rnd 4	C2	K all sts	*K3, sl1wyib* x8, k1
Rnd 5	C2	K all sts	*K3, (k, yo, k) in 1 st* x8, k1
Rnd 6	C1	K all sts	*K3, sl3wyib* x8, k1
Rnd 7	C1	K all sts	K2, *k2tog, sl1wyib, ssk, k1* x7, k2tog, sl1wyib, ssk.
Rnd 8	C2	K all sts	K1, *sl1wyib, k3* x8

Work Rnds 1 – 8 over the foot to the beginning of the leg.

Basic pattern Left Leg for size L (worked over 65 stitches)

(Pattern repeat: multiple of 4 + 1)

Rnd	Color	Instructions
Rnd 1	C1	K1, *(k, yo, k) in 1 st, k3* repeat to BOR
Rnd 2	C2	K1, *sl3wyib, k3*repeat to BOR
Rnd 3	C2	*k2tog, sl1wyib, ssk, k1* repeat to 1 st before BOR, k1
Rnd 4	C1	*K3, sl1wyib* repeat to 1 st before BOR, k1
Rnd 5	C1	*K3, (k, yo, k) in 1 st* repeat to 1 st before BOR, k1
Rnd 6	C2	*K3, sl3wyib* repeat to 1 st before BOR, k1
Rnd 7	C2	K2, *k2tog, sl1wyib, ssk, k1* repeat to 5 sts before BOR, k2tog, sl1wyib, ssk.
Rnd 8	C1	K1, *sl1wyib, K3*repeat to BOR

Right Sock

Toe

CO 20 sts (10 per needle) in C2 with Judy's Magic cast-on on your circular needle.

Rnd1 K all sts in the rnd place your BOR marker.

Rnd 2

Needle 1 k1, M1L, k to 1 stitch before end of needle, M1R, k1

Needle 2 k1, M1L, k to 1 stitch before end of needle, M1R, k1

Rnd 3 k all sts

repeat Rnd 2 and 3 until you have for sizes S & M a total of 60 stitches (30 per needle) and for size L a total of 64 stitches (32 per needle) on your needles.

Foot

For size L only: On Round 1 of the basic pattern "Right Foot", increase 1 stitch at the end of Needle 1 (totally 65 sts on the needles). This extra stitch will remain part of the pattern in all following repeats.

For all sizes: The basic pattern Right Foot is worked over the sts from Needle 1, the sts of

needle 2 are worked in stockinette stitches.

Join C1 and start working as per basic pattern "Right Foot".

Find basic pattern Right Foot for sizes S & M on page 10 and for Size L on page 11.

Work the basic pattern Right Foot a total of:

Size	S	M	L
Pattern repeats	6	7	8
Centimeters	18.5cm	20cm	21cm
inches	7.25"	7.75"	8.25"

Measured from beginning of Sock (cast on Toe)

Work the basic pattern "Right Foot" again and start the heel in basic pattern round no:

Size	S	M	L
Start heel in Rd	6	6	2

The heel is worked in color C2.

Shadow Wrap Heel

Will be worked over the stitches from Needle 2
Please see instructions on pages 13 - 14.

After completing the heel, finish the current repeat of the basic pattern, then knit Rounds 1–8 of the basic pattern Right Foot once more.

Leg

The leg is worked in basic pattern "Right Leg".

Attention: the color dominance changes here in the main pattern!

For size S & M: On Round 1 **only**, increase 1 stitch at the end of Needle 2 (totally 61 sts on the needles). This extra stitch will remain part of the pattern in all following repeats. Continue by working 5 full repeats of the basic pattern "Right Leg".

Find basic pattern Right Leg size S & on page 10 and for size L on page 11.

Folded Ridge

The first folded ridge is worked in C1.

Note for all sizes: On the first Round in C1, decrease the extra stitch on needle 2 by knitting it together with the previous stitch.

In C1, work 6 Rounds in stockinette stitch. Then form a folded ridge by knitting 1 live stitch together with 1 picked-up stitch from 6 rows below (following the stitch column down 6 rows and pick up the purl bump on the WS). Repeat to end of round.

Work the same in C2, then once more in C1. Leaving a tail of approx. 20cm / 7.75" long for weaving in, cut C1 only.

Cuff

Work in C2

Rnd 1: Knit all stitches.

Rnds 2 – 15: (k1, p1) repeat to BOR

Bind off

Bind off all stitches loosely using the Italian bind-off – or your favorite stretchy method. Leaving a tail approx. 20cm / 7.75" long for weaving in, cut C2.

Finishing

Weave in all ends. Soak for 10 min, remove excess water from socks, lay it flat and let dry.

Basic pattern Right Foot for sizes S & M

Rnd	Color	Needle 1	Needle 2
Rnd 1	C1	K1, *(k, yo, k) in 1 st, k3* x7, k1	K all stitches
Rnd 2	C2	K1, *sl3wyib, k3* x7, k1	K all stitches
Rnd 3	C2	*k2tog, sl1wyib, ssk, k1* x7, k2	K all stitches
Rnd 4	C1	*K3, sl1wyib* x7, k2	K all stitches
Rnd 5	C1	*K3, (k, yo, k) in 1 st* x7, k2	K all stitches
Rnd 6	C2	*K3, sl3wyib* x7, k2	K all stitches
Rnd 7	C2	K2, *k2tog, sl1wyib, ssk, k1* x7	K all stitches
Rnd 8	C1	K1, *sl1wyib, k3* x7, k1	K all stitches

Work Rnds 1 – 8 over the foot to the beginning of the leg.

Basic pattern Right Leg for sizes S & M (worked over 61 stitches)

(Pattern repeat: multiple of 4 + 1)

Rnd	Color	Needle 1
Rnd 1	C2	K1, *(k, yo, k) in 1 st, k3* repeat to BOR
Rnd 2	C1	K1, *sl3wyib, k3* repeat to BOR
Rnd 3	C1	*k2tog, sl1wyib, ssk, k1* repeat to 1 st befor BOR, k1
Rnd 4	C2	*K3, sl1wyib* repeat to 1 st befor BOR, k1
Rnd 5	C2	*K3, (k, yo, k) in 1 st* repeat to 1 st befor BOR, k1
Rnd 6	C1	*K3, sl3wyib* repeat to 1 st befor BOR, k1
Rnd 7	C1	K2, *k2tog, sl1wyib, ssk, k1* repeat to 5 sts befor BOR, k2tog, sl1wyib, ssk
Rnd 8	C2	K1, *sl1wyib, k3* repeat to BOR

Basic pattern Right Foot for size L

Rnd	Color	Needle 1 (33 sts)	Needle 2 (32 sts)
Rnd 1	C1	K1, *(k, yo, k) in 1 st, k3* x8	K all stitches
Rnd 2	C2	K1, *sl3wyib, k3* x8	K all stitches
Rnd 3	C2	*k2tog, sl1wyib, ssk, k1* x8, k1	K all stitches
Rnd 4	C1	*K3, sl1wyib* x8, k1	K all stitches
Rnd 5	C1	*K3, (k, yo, k) in 1 st* x8, k1	K all stitches
Rnd 6	C2	*K3, sl3wyib* x8, k1	K all stitches
Rnd 7	C2	K2, *k2tog, sl1wyib, ssk, k1* x7, k2tog, sl1wyib, ssk	K all stitches
Rnd 8	C1	K1, *sl1wyib, k3* x8	K all stitches

Work Rnds 1 – 8 over the foot to the beginning of the leg.

Basic pattern Right Leg for size L (worked over 65 stitches)

(Pattern repeat: multiple of 4 + 1)

Rnd	Color	Instructions
Rnd 1	C2	K1, *(k, yo, k) in 1 st, k3* repeat to BOR
Rnd 2	C1	K1, *sl3wyib, k3* repeat to BOR
Rnd 3	C1	*k2tog, sl1wyib, ssk, k1* repeat to 1 st before BOR, k1
Rnd 4	C2	*K3, sl1wyib* repeat to 1 st before BOR, k1,
Rnd 5	C2	*K3, (k, yo, k) in 1 st* repeat to 1 st before BOR, k1
Rnd 6	C1	*K3, sl3wyib* repeat to 1 st before BOR, k1,
Rnd 7	C1	K2, *k2tog, sl1wyib, ssk, k1* repeat to 5 sts before BOR, k2tog, sl1wyib, ssk,
Rnd 8	C2	K1, *sl1wyib, k3* repeat to BOR

Abbreviations

Abbreviations	Explanation
BOR	beginning of round
CO	Cast-on
k	knit
M1L	From the front, lift the horizontal strand between stitches with the left needle. Knit through the back loop
M1R	From the back, lift the horizontal stand between stitches with the left needle. Knit through the front loop
Sl1wyib	Slip 1 stitch purl wise with yarn in Back
Sl3wyib	Slip 3 stitches purl wise with yarn in Back
C1	Color 1 Slight Blue
C2	Color 2 Space Jam
rnd / rnds	round / rounds
sl	slip
st / sts	stitch / stitches
(k, yo, k) in 1 st	Knit, leaving the stitch on the needle, then yarn over, and then knit into the same stitch
K2tog	Knit 2 stitches together
ssk	Slip 2 stitches knit wise, then knit slipped stitches together

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Thank you for knitting Cassaluna Socks!

Shadow-wrap Heel

Note: The heel is worked back and forth over 30 / 30 / 32 sts. Hold the instep sts on the cord of your circular needle. Work shadow-wrap heel (check left in “Techniques used” for explanation of this technique) as follows:

Row 1 (RS)

K to the last heel st (last st of needle 2), with the right needle, pick up the right leg of the st below the remaining st, lift the leg up onto the left needle, k the lifted leg and sl the st from your right needle to the left, now it looks like there are two sts coming out of the same k st (sometimes this is called a twin st), turn.

Row 2 (WS)

P across until one st remains, sl the st from your left to your right needle, with the left needle pick up the “bump” below the slipped st, p the lifted strand, sl the purled st and the slipped st from the right needle back to the left, this is another twin st, turn.

Row 3 (RS)

K across to one st before the twin st, with the right needle lift the right leg of the st below the next st up onto the left needle, k the lifted strand, sl the k st from your right needle to your left, it's another twin st, turn.

Row 4 (WS)

P across to one st before the twin st, sl one st, lift the “bump” below the slipped st with your left needle, p into the lifted strand, sl both the p and the slipped st from the right needle to the left (another twin st), turn.

Repeat Rows 3-4 until you have on both sides, the amount of twin sts for your size as mentioned in the table below

Size	S	M	L
Twin sts each side	10	10	11

Row 5 (RS)

K to the first twin st, k both loops of the twin st together, with the right needle lift the right leg of the st below the next twin st onto the left needle, k the lifted strand and sl it from the right needle to the left, now you have a triplet st, turn.

Row 6 (WS)

P across to the first twin st, p both loops of the twin st together, sl the next twin st to the right needle, lift the “bump” beneath the slipped twin st with the left needle, p the lifted strand, sl the triplet st from right to left, turn.

Row 7 (RS)

K across to the triplet st, k the loops of the

triplet st together, lift the right leg of the st below the next twin st onto the left needle, k the lifted strand, sl the k st back to the left needle, turn.

Row 8 (WS)

P to the triplet st, p the loops of the triplet st together, sl the next twin st from left to right, lift the “bump” under the slipped twin st, p the lifted strand and sl the triplet st from right to left, turn.

Repeat Rows 7-8 until there is one triplet st left on each side of the heel. The remainder of the sock is worked in rnds. held sts back
You need to work two final rnds to finish the heel.

Rnd 9

K to the first triplet st, k all the loops of the triplet st together, work in basic pattern over the 30 / 30 / 33 sts of foot.

Rnd 10

K all the loops of the last triplet st together through the back loops, k all 29 / 29 / 31 sts of the heel, work in basic pattern over the sts of the 30 / 30 / 33 sts of the foot.

Rnd 11

Work over needles 1 & 2 as established.

Now go back to page 4 for left sock or page 7 for right sock and follow the instructions there.

